

## 7 days Online Certificate Course in



Disease, Diet and Immunity
11-17, May 2020

Organized By:
Department of Zoology

Kashi Naresh Government P.G. College,
Gyanpur, Bhadohi (U.P.)

D	ate/ Time	Major Topics	Faculty
	<b>11/05/2020</b> Monday	A brief introduction to immunity	Dr. Anju Verma Assistant Professor
	12/05/2020 Tuesday	Types of immunity and immune response	Dr. Ratnesh Kumar Soni Assistant Professor
_	3/05/2020 Vednesday	Components of immune system	Dr. Awadhesh Singh Yadav Assistant Professor
	14/05/2020	COVID-19 and its impact on human society	<i>Dr. Prakash Chandra Gupta</i> Assistant Professor
1	5/05/2020 Friday	Preventive measures to combat COVID-19	Dr. Prakash Chandra Gupta Assistant Professor
	6/05/2020 Saturday	Effect of Diet, Nutrition and Antioxidant therapy on immunity	Dr. Shubha Shrivastav Head, Associate professor
1	7/05/2020 Sunday	Role of Superfoods to boostup Immunity	Dr. Ratnesh Kumar Soni Assistant Professor

## Guidelines

- ❖ Interested students have to make registration through Google form. The last date of registration is 10/05/2020.
- Study material of the scheduled topic provided in the form of pdf by the respective faculties.
- Students have to study the provided material by own. Respective faculties will guide and clear the topics during the time given in course schedule.(04:00-06:00PM)
- An online test will be scheduled for registered students on 20/05/2020 (11:00AM). It will be multiple choice question type.

## **About Course:**

Department of Zoology, K. N. Government P. G. College, Gyanpur (Bhadohi) invite P.G. students to attend seven days workshop on "Disease, diet and Immunity" from 11th to 17th may 2020.

Our immune systems are designed to fight off sicknesses and make a powerful shield that protects us by many things like stress, toxins, foreign invaders, lack of exercise and unhealthy eating. In Current pandemic situation of COVID-19 it is very important to know that how our body fights against infectious agent and protect us. Person having strong immune system can fight easily against infection. Many studies have confirmed that nutrient deficiencies can alter the immune response and lead to a higher incidence of infections resulting in increased mortality. The aim of this course is to give idea about how nutrition and good diet can boost our immunity and can prevent us from diseases.

Convener:

**Dr. Shubha Shrivastav**Head, Department of Zoology

Organizing Secretary:
Dr. Ratnesh Kumar Soni

Co-Organizing Secretary:
Dr. Prakash Chandra Gupta

Member of Organizing
Committee:
Dr. Anju Verma
Dr. Awadhesh Singh Yadav
Dr. Kalpana Verma

Principal
Dr. P. N. Dongre